



## MARINA THE GREAT MARTYR OF ANTIOCH

Feast day: July 17<sup>th</sup>

St Marina was born around the mid to late 3rd Century in Pisidia, Asia Minor. Her father was a pagan priest and her mother died when she was very young. Her nursemaid is the one who raised her in the Christian faith.

When her father learned about Marina being a Christian, he disowned her. At about fifteen years of age, Marina was arrested and thrown in prison for being a Christian. This was during the reign of the Emperor Diocletian (284-305) who was very brutal towards Christians. Marina was held in custody in the district ruled by Governor Olymbrios.

He tried to persuade Marina to renounce Christ and become his wife. She refused and was subjected to brutal tortures. These included: being nailed to a board with her flesh being lashed at with tridents and being violently beaten. Yet, miraculously the Lord completely healed her wounds. Her healed body would, however, be temporary since she was soon tied naked to a tree and burnt alive.

As her flesh was burning, Marina beseeched the Lord to permit her to be baptized in water. The Governor overheard her say the word water and so ordered her to be drowned in a cauldron. Marina besought the Lord to make this torture acceptable as her baptism.

The moment Marina was forced down into the water, a light shone from above and a dove descended from Heaven upon her with a golden crown in its beak. This is reminiscent of the Lord's Baptism in the Jordan River: and immediately, coming up from the water, He saw the heavens parting and the Spirit descending upon Him like a dove (Mk 1:10). Miraculously, the fetters on Marina miraculously broke off and she glorified the Holy Trinity: Father, Son and Holy Spirit.

When she emerged from the cauldron, once again Marina's body was completely healed. Those who witnessed this glorified God and became Christians. For Christ Himself said: let your light so shine before men, that they may see your good works and glorify your Father in heaven (Mt 5:16). Those who do good works are not to be praised and glorified, rather the works bear witness to God that He may be glorified. The Governor was outraged and ordered the execution of all Christians in that region. A total of 15,000 Christians were martyred for the True Faith that day. St Marina was among the martyrs, she was beheaded.

From infancy you were consumed with wholehearted love for Christ the Bridegroom, O virtuous maiden. So you ran to Him, like a thirsty gazelle to ever-flowing springs, and you preserved your-self in the contest, and as a glorious bride you reached the truly eternal chamber of your Creator, decorated, adorned, crowned, glowing as a torch-bearing victor; and you were given the award, as if a gold medal, as a winner in the martyric game (Festal Oikos).

The relics of St Marina are deposited in a church dedicated to the Theotokos in Athens. Her venerable hand was transferred to the Vatopedi monastery in Mount Athos. St Marina's intercessions are sought especially for deliverance from demonic possession. There is an icon of St Marina, depicting her shattering the Evil One with a hammer. This is similar to that of the icons of St George and St Demetrios. Both these Saints are depicted shattering evil with a spear in lieu of a hammer.

In a time of distress and uncertainty, we look upon St Marina as an example of resilience and piety. Her faith in Christ only increased the more she was tortured. Her purpose in life was simply to serve Christ. Saint Marina experienced one torture after the other, not knowing what was to come next. All she knew was that she believed in Christ and would contest her faith in Him, even to the point of death.



Transfiguration Greek Orthodox Church  
674 42<sup>nd</sup> Street  
Ogden, UT. 84403

RETURN SERVICE REQUESTED  
TIME VALUED MAIL – PLEASE EXPEDITE

NON-PROFIT ORG.  
US POSTAGE PAID  
OGDEN, UTAH  
PERMIT NO.4



*Elder Sergei of Vanves: Life & Teachings | by Jeane-Claude Larchet p.105*

**Elder Sergei of Vanves**

Be careful not to judge anyone. Judgement of your neighbor is linked to pride, and pride is our number one enemy; all our unhappiness comes from it.



# TRANSFIGURATION GREEK ORTHODOX CHURCH

674 42ND STREET, OGDEN UT, 84403 OFFICE: (801) 393-3962 TEL/FAX: (801)399-2231  
WEB: HTTP://WWW.TGOC.UT.GOARCH.ORG



## July 2024

My Brothers and Sisters in Christ,

Only a few days ago, we celebrated together the Feast of Pentecost marking the beginning of the priesthood of grace. After receiving the Holy Spirit, the Apostles went out preaching the Good News. Later this month we will celebrate the memory of these Apostles and remember the work they willingly chose to pursue making the Gospel available to all peoples.

Today, the responsibility of continuing this work of the Apostles has fallen to each of us both individually and collectively. This awesome responsibility is one that each of us has the opportunity to willingly accept as individuals. Our collective focus then must be one of working together, honoring the memory of the Apostles, to continue their work.

On the second Sunday of this month, the Church commemorates the Holy Fathers who came together at the Fourth Ecumenical Council. On October 8 in the year 450 AD, 520 Fathers gathered for the benefit and guidance of the Church to affirm the two natures of Christ. Through their gathering, the Church spoke with one unified voice keeping the Faith handed them by our Lord thus continuing the work of His apostles.

Among other things, these gatherings confirmed Christ was consubstantial with the Father, the Divinity of the Holy Spirit and the Divine and human nature of Christ after the Incarnation. The issues resolved were serious and threatened the unified teaching of the Church. The teaching our Lord charged His Apostles to spread throughout the world. The teaching that these Holy Fathers held close to their heart and went to great lengths to protect. The teaching that we also are charged to make an integral part of our life and share freely.

As we continue on our path, let us keep in mind the unity of the Holy Apostles and the Holy Fathers. In their example, let us strive with one mind and purpose, to accomplish great things for His Glory. May the Holy Apostles and the Holy Fathers intercede for us and guide us.

In His Service,

Fr. Mario

## PARISH ORGANIZATIONS



### Parish Council

**President:** Kent Nabers  
**Vice President:** Lambros Bolos **Treasurer:** Drew Wilson  
**Members:** Bob Adams, Chris Burton, Troy Cutruba, Abdulla Dawood



### Philoptochos

**President:** Susie Zecca **Vice President:** Pam Tsakalos  
**Recording Secretary:** Annie Wilson **Treasurer:** Helen Papageorge  
**Assistant Treasurer:** Pena Klomp

We meet the first Sunday of every month, after the Divine Liturgy in the conference room.



### Ahepa

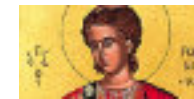
**President:** Mike Kolendrianos **Vice President:** Gary Pilgrim  
**Secretary:** Travis Soderquist **Treasurer:** Nick Thiros  
**Education Chairman:** Dr. Bob Adams **Chaplain:** Fr. Mario Giannopoulos

We meet the second Wednesday of every month at 7:00pm. Come Join us!



### Daughters Of Penelope

**President:** Chris Thiros **Vice President:** Sophia Jones  
**Secretary:** Helen Papageorge **Treasurer:** Debbie Papageorge  
**Priestess:** Maria Soter  
**Warden:** Aphrodite Koloveas



### Choir

If you would like to join the choir, please contact **Helen Papageorge**.



### Sunday School

Sunday School meets every Sunday directly after Holy Communion.  
If you would like more information, please contact **Stacey Henderson** or **Travis Soderquist**.



### Goya

GOYA is our middle-school and high school ministry.  
If you would like more information, please contact **Lindsay Toulatos**.



### Hope & Joy

Hope & Joy is our pre-k through elementary school ministry. If you would like more information, please contact **Stacey Henderson**.



### Book Club

We meet every Sunday after coffee hour. Anyone can join at any time!  
If you would like more information, please contact **Kent Nabers**.



### Youth Greek Dancing

If you would like to join, please contact **Vasiliki Chaus** or **Stacey Henderson**.



# MULTIPLY YOUR GIFTS

Where we invest our treasures on Earth speaks volumes about where our hearts are.

DEPARTMENT OF RELIGIOUS EDUCATION (DRE)



# THROUGH STEWARDSHIP

## ORTHODOX QUOTES





...as the greatest virtue of all is love, so the greatest sin of all is to hate your brother. He who hates his brother is a murderer, as the apostle said. He who hates his brother, hates God. He who hates his brother is in darkness and walks in darkness and does not know where he is going. Look at how many evils are caused by hatred. Amen.

*Elder Arsenios Galanopoulos, the cave dweller*

**Elder Arsenios the Cave-dweller (1886-1983) | by Monk Joseph Dionysiatis p.187**

JULY						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7 No Services	8	9	10	11	12	13
14 Fathers of the Fourth Ecumenical Council Orthros 9:00am Liturgy 10:00am	15	16	17 Great Martyr Marina Orthros 9:00am Liturgy 10:00am	18	19	20
21 4th Sunday of Matthew Orthros 9:00am Liturgy 10:00am	22	23	24	25	26 St Paraskeve Orthros 9:00am Liturgy 10:00am	27
28 5th Sunday of Matthew Orthros 9:00am Liturgy 10:00am	29	30	31			

**Fast Days:**

-  **Wine:** Wine and oil are allowed. Refrain from meat, fish, dairy, and eggs.
-  **Strict:** Refrain from meat, fish, oil, wine, dairy, and eggs.
-  **Fish:** Fish, oil and wine are allowed. Refrain from meat, dairy and eggs.
-  **Dairy:** Dairy, eggs, fish, oil and wine are allowed. Refrain from meat.

 **Memorial** (Mnimosino)



**Memorials:**

July: Yakov (Lloyd) Murphy - 17 yrs, Olga Teter- Kalashnikov - 18 yrs



# FESTIVAL PREP

## JULY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 Melt Butter, Crumble Cheese	3	4 Holiday	5	6
7 Samaritan Woman	8 Make Tiropitakia	9 Make Tiropitakia	10	11 Preparation for Spanakopita	12 Preparation for Spanakopita	13
14	15 Make Spanakopita	16 Make Spanakopita	17 Mix Crescents	18 Mix Crescents	19 Make Sauce	20 Make Sauce
21	22 Pasta Flora	23	24 Holiday	25	26	27
28	29	30	31			



## AHEPA

We just wanted to say a big thank you for all of your amazing help and support with both the lamb dinner and golf tournament. You truly made both events a huge success and everyone had an absolute blast.



Mike K



## ZOOM DISCUSSION

### Bishop Kallistos Ware's Introduction to the Jesus Prayer

We are reading Bishop Kallistos Ware's Introduction to the Jesus Prayer. Emails will be sent to all who have participated in our past discussions. If you have not previously participated and would like to be included, please email Fr Mario at [frmtg@yahoo.com](mailto:frmtg@yahoo.com)

Thanks,  
FM